

HOCKEY CANADA

Initiation Skills Evaluation Phase 4

INITIATION	Player														
	Name 1	Name 2	Name 3	Name 4	Name 5	Name 6	Name 7	Name 8	Name 9	Name 10	Name 11	Name 12	Name 13	Name 14	Name 15
	1 R	2 R	3 R	4 R	5 R	6 R	7 R	8 R	9 R	10 R	11 R	12 R	13 R	14 R	15 R
Starting and Stopping															
1. Two foot parallel stop	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Turning and Crossovers															
2. Mohawk on circles - open and reverse	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
3. Pivots - bwd to fwd and fwd to bwd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
4. Pivots - open and reverse	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
5. Crossovers - backward	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Stationary Puck Control															
6. Switch hands	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
7. Two pucks	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Moving Puck Control															
8. Puck dots - skates straddle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
9. Puck inside pylon - off stick	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10. Puck in feet	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
11. Toe drag - skates on one side	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
12. Puck through legs from back	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
13. Switch hands	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
14. Toe drag- front and side	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
15. Figure 8's - two pylons	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Stationary Passing and Receiving															
16. Forehand pass - backhand receive	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
17. Backhand pass - forehand receive	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Moving Passing and Receiving															
18. Lead pass	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wrist Shot															
19. Wrist shot- forehand - low	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
20. Wrist shot - backhand - low	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Flip Shot															
21. Flip shot - forehand	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Individual Offensive Tactics															
22. Body fakes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
23. Stick fakes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
AVERAGE SCORE															
OVERALL RANK															



Team Name: _____

Date of Evaluation: _____

Age Division: _____

Coach: _____

NOTE: EVALUATE PLAYERS AGAINST PLAYERS ON OWN TEAM

