

HOCKEY CANADA

Initiation Skills Evaluation Phase 3

INITIATION	Player														
	Name 1	Name 2	Name 3	Name 4	Name 5	Name 6	Name 7	Name 8	Name 9	Name 10	Name 11	Name 12	Name 13	Name 14	Name 15
	1 R	2 R	3 R	4 R	5 R	6 R	7 R	8 R	9 R	10 R	11 R	12 R	13 R	14 R	15 R
Turning and Crossovers															
1. C-cuts - around circle - outside foot	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2. Crossovers - forward	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
3. Crossovers - three quick - left and right	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
4. Backward one-foot stop and t-start	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Starting and Stopping															
5. Crossover start	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
6. One-leg backward stop	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Stationary Puck Control															
7. Toe drag - side and front	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
8. Partner on knees - moving stick	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
9. Stick through legs	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10. Rotation	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
11. Puck through legs from back	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Moving Puck Control															
12. Open ice carry - forehand	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
13. Open ice carry - backhand	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
14. Stick through legs	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Stationary Passing and Receiving															
15. Stationary forhand pass	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
16. Stationary backhand pass	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
17. Stationary bank pass	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Moving Passing and Receiving															
18. Moving forehand pass	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
19. Moving backhand pass	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
AVERAGE SCORE															
OVERALL RANK															



Team Name: _____

Date of Evaluation: _____

Age Division: _____

Coach: _____

NOTE: EVALUATE PLAYERS AGAINST PLAYERS ON OWN TEAM