

**HOCKEY SKILLS**

**Scott Grover**

**99 Nicholson Drive**

**Barrie, Ontario**

**L4N 0B2**

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**What is “the *Science of Skating”***

For the past 30 years ***The Science of******Skating***has built a reputation for producing top level hockey players.

Now we want to share our knowledge, experience, and tradition of excellence to all hockey players.

The science of skating is more than an aerobic program designed to make the skater sweat…***The Science of Skating*** is designed to develop fundamental skating skills through which a hockey player will achieve greater success.

Explosive acceleration, proper use of edges, improved lateral movement, increased balance, and precise stopping, are just the beginning of the skills that are taught in ***The Science of Skating.*** We will help the player take his or her game to the next level!

**Scott Grover’s Background**

* Trainer of OHL, PWHL, NCAA, Team Canada and NHL players
* NCCP level 3 certified coach
* 30 years coaching experience
* 23 years experience as power skating director
* Holds valid St. Johns Ambulance First Aid Certificate
* Valid Police Check

**Huntsville Summer Program**

**Program A**

**Novice to 2nd year Atom**

**COST**: $140.00

**TERM**: 5 days (5 hours)

**STARTING DATE:** August 17th

**LOCATION:** The Don Lough Rink

**DAY TIME**

Mon. to Fri. 6:00 - 6:50 PM

**Program B**

**PeeWee to Midget**

**COST**: $140.00

**TERM**: 5 days (5 hours)

**STARTING DATE:** August 17th

**LOCATION:** The Don Lough Rink

**DAY TIME**

Mon. to Fri. 7:00 - 7:50 PM

**APPLICATION FORM**

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MEDICAL CONCERNS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Program A\_\_\_\_\_\_\_\_\_or B\_\_\_\_\_\_\_\_\_\_\_**

WAIVER: THE APPLICANT AGREES THAT THE SCIENCE OF SKATING AND/OR ITS PROPRIETORS AND COACHES WILL NOT BE HELD RESPONSIBLE FOR ANY ACCIDENT OR LOSS, HOWEVER CAUSED, AND ALSO AGREES TO RELEASE THE AFORMENTIONED FROM ALL CLAIMS AND/OR DAMAGES WHICH ARISE FROM ANY SUCH ACCIDENT OR LOSS.

PARENT/GUARDIAN \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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