



Huntsville Minor Hockey Association Parents,

The SportLab welcomes you back to the ice for the 2018 season!

The SportLab was the first sport therapy clinic in Muskoka to be dedicated to athletes and active individuals. Our team of clinicians have decades of professional experience and, as athletes ourselves, have a unique and intimate understanding of what it means to be involved in competitive sport.

Over these years we have honed our skills to be able to deliver the highest standard in Sport Therapy in the region.

We have recognized that being involved in sport involves risk. At some point we will face adversity, which threatens our ability to continue to participate in something we have a passion for. Concussion is one of these dreaded set backs.

The SportLab has assimilated the most recent research, and with advanced equipment and specialized tools, have implemented the most current and comprehensive sport-focused concussion diagnosis and management program available in Muskoka.

It is this program that we would like to offer to the HMHA players.

A component of a comprehensive management system is a fulsome understanding of how an athletes brain functions when NOT participating in sport - this is commonly referred to as baseline testing. The SportLab's unique pre-season assessment includes evaluation of several systems that are directly related to the brains ability to process information. The importance of this evaluation is to help with a diagnosis of concussion should a head injury occur. As you can all likely attest, each player's brain works a little differently. The pre-season assessment provides some detail of each player's uniqueness.

Our clinicians understand that concussive injury is confusing and, as such, we are committed to helping each of you navigate these ever changing waters with confidence that your athletes are safe and prepared for play.

The SportLab would like to offer a discount of 50% (regular price of \$45) for our comprehensive pre-season assessment to the players of the Bantam and Midget Rep and AE teams of the HMHA for the 2018 season. Each assessment is approximately 45 minutes in length and the cost may be covered should you have extended health benefits. The SportLab has dedicated clinical time specifically to accommodate your busy schedules.

To book an assessment or to have any further questions answered, you are welcome to e-mail (start@thesportlab.ca) or call (1-855-776-7852) The SportLab.

Kind regards,

A handwritten signature in black ink that reads 'Lowell Greib'.

Dr. Lowell Greib MSc ND CISSN
Medical Director/Clinician